

# Get a New Life: The Holy Spirit

Ephesians 1:11-14

April 19, 2026

Rev Joe Sanders

First Baptist Church Coshocton, Ohio

An apple has a skin, the meaty part, and seeds. They are all an apple. Three in one. An egg has a shell, a yolk and the white. They are each different, do something different, and exist separate of each other. They are an egg. Three in one.

Is water still water when it is a liquid, frozen, or steam? I drink the water, cool my bruises with ice, and it can power a turbine with steam. It's water. Three in one. It's all around us. This isn't complicated at all, right?

***Ephesians 1:11–14 (NLT) Furthermore, because we are united with Christ, we have received an inheritance from God, for he chose us in advance, and he makes everything work out according to his plan. God's purpose was that we Jews who were the first to trust in Christ would bring praise and glory to God. And now you Gentiles have also heard the truth, the Good News that God saves you. And when you believed in Christ, he identified you as his own by giving you the Holy Spirit, whom he promised long ago. The Spirit is God's guarantee that he will give us the inheritance he promised and that he has purchased us to be his own people. He did this so we would praise and glorify him.***

**Jesus saved you, then gave you the Holy Spirit, now you can praise and glorify God.** Jesus loves you and wants to spend eternity with you. This is really Good News. You are loved. You will spend eternity with Jesus all because you believe He died to take away your sins. Now, here's the bonus He gave you His Spirit.

Jesus walked the earth as a person. The Holy Spirit was upon and in Him. Jesus' words were God's words because the Holy Spirit was in Jesus. I'm trying not make this too complicated but Jesus is God. The Holy Spirit is God. Jesus often talked about His Father, He is also God. They are all one.

When Jesus returned to heaven He sent His Spirit to be in every person who believes in Him. That is fantastic, marvelous, stupendous. So, I have the wisdom of God by His Spirit, so do you. We have the power of God by His Spirit. The Holy Spirit automatically gives us specific gifts that we call spiritual that are different than abilities and talents. Each gift that we have is given to accomplish God's will on earth as it is heaven. As long as you and I are walking this earth the Holy Spirit is producing fruit in our lives: Love, joy, peace, patience, kindness, goodness, gentleness, faithfulness, and self-control. This is extra Good News, right? You are saved, have eternal life, and are filled with the Holy Spirit. Somebody say amen.

This is not merely a Bible study on the Holy Spirit. There is so much to discuss about the Holy Spirit. Maybe during the summer we will have a Tuesday Bible on the Holy Spirit. Pentecost is May 24 so we'll see how the Spirit moves me. Where I'm going today has to do with what you and the Holy Spirit are doing together. I'll come back there in just a minute.

Among all the people in the world God wants you to give thanks to Him. Take this personally. God wants Joe Sanders to give thanks to Him. Jesus, who died as my sin and rose again to give me new

life did it so I could give thanks to Him. So put your name in the sentence Jesus wants me to give thanks to Him.

Every Christian was saved to give thanks to God. Elohim, the name of the God of creation wants you give thanks to Him. Yahweh, the holy name that for the God who created you to be in a person relationship with Him wants you to give thanks to Him. I could go so far as to say that my inability to praise God is the sin of idolatry, because I've put something more important in the place that only God can occupy.

What is your relationship with Jesus? He saved you. What is the result of that relationship with Jesus? He gave you His Holy Spirit. What does the Holy Spirit help you do? Praise God and give glory to God.

***Ephesians 1:11-12 (NLT) Furthermore, because we are united with Christ, we have received an inheritance from God, for he chose us in advance, and he makes everything work out according to his plan. God's purpose was that we Jews who were the first to trust in Christ would bring praise and glory to God.***

**We're are one with Jesus and have the promise of eternal life, and we're grateful?** I asked that question with sarcasm because we may not be much different than the ancient Jews and the world today. Throughout the history of God's people from Adam and Eve to Abraham and Moses, to David and the rest of the kings all the way through the prophets there was a lack of gratitude, praise, honor, and glory given to God. Specific individuals found a few moments to praise and glorify God. But for the most part the Old Testament is filled with people who did not glorify God by the way they lived. They didn't offer praise to God the Creator, Provider, and Redeemer of their lives. God counted their lives as sinful. They were sinners. They were separated from God because they didn't praise and glorify Him.

God made it clear that He was God by making granite and sandstone, marble and quartz, shale and diamonds. God made it clear that He was God by calling into being roses and daisies, pine and oak trees, azaleas and palms, fescue and bluegrass. God made it clear that He was God by placing the stars in the sky. God made it clear that He was God by making every kind of animal, bird, and fish, along with whatever other kinds of animals there are. God made it clear that He was God by making a man and a woman. To not see God in this is to not give thanks, praise and bring glory to God. But it is to see ourselves as something more important.

Have I strayed away from the point? Not yet, because our purpose in being saved is to praise and glorify God. The Holy Spirit of God has something important to do with this.

Gratitude, thanks, praise and giving God the glory are not so easy when life keeps happening. From Adam and Eve until today life has not been easy. Because after an unknown amount of time spent by Adam and Eve in the Garden of Eden, where life was always enjoyable, it suddenly got hard. That's when instead of given glory to God they sinned by trusting the devil. From that moment on it has been hard for every human being.

We blame God for the hardship that we caused. We don't give God the glory for being with us, or for saving and redeeming us. We look at the hardship. We look at the storms in the sky. We focus on the flood waters. We see the disease. We're caught up in the aging process. We fear death.

Wow, that was a lot of stuff. There is a lot of stuff in our lives. All the stuff we see as bad. We whine about that stuff, we blame that stuff, we curse that stuff. We don't give glory to God. All the people in the world - every race, every nation, every tribe, regardless of religion or faith - doesn't give glory to God. That's why we've been saved. That's why we've been given the Holy Spirit.

***Ephesians 1:13 (NLT) And now you Gentiles have also heard the truth, the Good News that God saves you. And when you believed in Christ, he identified you as his own by giving you the Holy Spirit, whom he promised long ago.***

**You know the Holy Spirit dwells within you?** The Holy Spirit isn't in you because I said it was, but because God came to dwell within you. The Holy Spirit is the proof that God is in you. An egg is an egg because it is an egg. Water is water because it is water. When you were saved, calling upon Jesus, the Holy Spirit came to dwell in you. Don't make this complicated.

The love, joy, hope, peace and power you experienced when you were saved was from the Holy Spirit. It was not a warm fuzzy feeling, exceeding happiness, ultimate wishful thinking, or extreme contentment. When you were saved, forgiven of your sins, and delivered to a new life the Holy Spirit was taking up residence in you.

The Holy Spirit is God's sign and promise that you have been saved. The Holy Spirit is the sign that you are a child of God. You are no longer bound by your sin, no longer a slave to sin, no longer an orphan. You are adopted by God and filled with the Holy Spirit. The Holy Spirit will empower you to praise God. The joy of the Lord is exactly that, the joy that comes from the Holy Spirit. Joy that sings praises. Joy that gives thanks. Joy that changes your attitude. Joy in the midst of chaos. Joy when there is pain. Joy that releases hope.

This is the scripture passage that speaks of the promise of God. God promised from the beginning that He would be with His people. God has kept His promises in the past and God is always keeping His promises. When you have doubts read these words. God has saved you through faith in Jesus. God has given you His Holy Spirit. You have been given the Holy Spirit so that you could bring glory to God.

When you were a sinner your actions, words, and thoughts were not glorifying God. Now that you are saved you have the power of Holy Spirit to glorify God with your thoughts. The Holy Spirit can and will change your thinking, your beliefs, and your attitudes. It is by the power of the Holy Spirit that old attitudes are shown to be bad. By the same Holy Spirit you are given new attitudes. Your attitudes change how you see and help other people. Your attitudes are different about your circumstances being against you to God being at work for what is good. The Holy Spirit can and will change your words. Your words by the work of the Holy Spirit will be kind and gentle, helpful and wise. The things you say will be about the love of Jesus and the grace of God.

The Holy Spirit can and will change your actions. You will find the time to help others. You will be serving others. The work of the Holy Spirit who dwells within you will be released when you choose to allow the Spirit to work. Praise God. All glory to God.

***Ephesians 1:14 (NLT) The Spirit is God's guarantee that he will give us the inheritance he promised and that he has purchased us to be his own people. He did this so we would praise and glorify him.***

**To start giving glory to God and praising God set the Holy Spirit free in you life.** Regardless of any excuse you can make setting the Holy Spirit in your life the second best thing you can do. The first best thing you can do is call out to Jesus to be saved and forgiven. When the Holy Spirit is free to work in your life you will be transformed. You've been transformed from sinner to saved. Your sins are forgiven because you trust Jesus to take them away. Now, the Holy Spirit, God Himself, wants to change your life. The Holy Spirit changes your beliefs. Then your attitudes change. Your words change. Your actions change.

The words that start coming out of your mouth are praises to God. You pray words of praising God as your Creator. The One who provides for your life. You praise God for God's majesty and wonder. You praise the one who has the power to save you. You become thankful for your salvation. Every time you sin, you're thankful for Jesus dying and coming back to life to save your sins. As you have the opportunity to talk to people, you give thanks that Jesus has saved you.

To release the Holy Spirit, who dwells within you, to work in you and through you all you need to do is speak it. I'm not kidding. Speak the truth. Jesus said the truth will set you free. Speak the wisdom of God by telling the Holy Spirit you need wisdom. Speak the knowledge and the discernment of God by telling the Holy Spirit you need knowledge and wisdom. Speak the love of God by telling the Holy Spirit you need His love. Speak the power of God by telling the Holy Spirit you need His power.

What makes you think that the Holy Spirit of God can't work in your life? The Holy Spirit of God raised Jesus from the dead. The same Holy Spirit dwelling within you can do amazing things.

This is not a pep talk. This is the truth. Speak to the Holy Spirit within your spirit and the Holy Spirit will respond.

Today's scripture tells us that our purpose is to praise and glorify God. I believe that releasing the Holy Spirit in your life starts with praise. Here's what I'm talking about. A step of faith. That means you can't yet see it, but you are filled with hope that God will take action.

Start praising God for what the Holy Spirit will do before it happens. Your praise tells the Holy Spirit that you trust God to keep His promises. Your praise lets the Holy Spirit know that you believe God will always work towards what is good. When you get up in the morning you give thanks for waking up. Give thanks for what will happen that day. As the day goes by, as things happen praise God. Soon you will see the hand of God at work. You will become aware that God's Holy Spirit is helping you bring glory to God.

All of this is possible when you call out to Jesus to forgive your sins and come enter your life. Jesus lived His life glorifying God. Jesus died giving God the glory for making Him your sin. Jesus rose from the dead bringing glory to God.

If you choose to believe Jesus did this for you, if you believe Jesus, then you can be saved.

Take a few seconds to talk to Jesus about your life. Tell the Holy Spirit you are setting Him free. Praise God and give glory to God.

